



Brentwood Parks and Recreation Indoor Volleyball League Rules and Regulations

Any rules not covered in this rules supplement are governed by USA Volleyball rules.

1. Rules of Conduct:

- a. The team captain will be the contact person regarding all league schedules, standings, general information, and any items needing to be passed along to their teams.
- b. If a participant audibly uses profanity directed towards any referee or league official, the participant will be ejected from the match.
- c. Any player or captain who threatens any league official or representative in any way, (verbally or physically) will be banned from the league indefinitely. This may also result in team penalties or loss of the match.
- d. Only the captain and the involved player will be allowed to discuss a play with the referee; if the referee allows any discussion.
- e. Any player who is excessively arguing calls may be ejected. If a player is ejected on two separate occasions, he will be banned from the league indefinitely at the discretion of the league supervisor.
- f. Any player fighting will result in forfeiture of the game. Players involved in the altercation will be suspended from the league indefinitely. Any player who verbally threatens another player or team may also be suspended from the league.
- g. Players who have been ejected must leave the gym within five minutes or their team will forfeit.
- h. If a team forfeits for any reason the match will not be rescheduled.
- i. If a team forfeits 2 weeks during the season the team will be removed from the league with no refunds given.
- j. There is no smoking or alcoholic beverages allowed on school property.

2. Court Positions/Players

- a. All participants must be at least 18 years of age.
- b. A coin toss will be used for choice of serve or side.
- c. Minimum number of players
 - i. Six person leagues may play with a minimum of four players.
 - ii. Four person leagues may play with a minimum of three players.
- d. In the co-ed leagues, at no time shall a team be allowed to play with more men than women.
- e. If the ball is touched three times on a side, at least one touch must be made by a woman. This rule **does not** apply to "A" or Power Leagues.
- f. Teams may use rotation lineup, but must be consistent with rotations. New players shall enter in the middle back position.

3. Game Play:

- a. Players may serve from anywhere along the back service line.
- b. Players may take **one** step across the back line in order to serve.
- c. In Recreational Leagues the service toss may be dropped once. In "A" and Power Leagues only one toss is allowed per serve.
- d. Players in the back row may not attack or block in front of the 10 foot line.
- e. Let serves are allowed.
- f. The serve can be retuned with a pass or set. Players may not attack or block serves.
- g. Any ball landing on the boundary lines is in play.
- h. A team may play the ball off of the ceiling only on their side of the court.
- i. If the ball touches the ceiling after crossing the net a point is awarded to the opposing team.
- j. The basketball center court line serves as the out of play line. Teams may not enter the opposite court to play the ball.
- k. Any ball touching any part of a backboard will be deemed out of play, and a point will be awarded to the opposing team.
- l. Scoring:
 - i. Rally scoring to 25 points.
 - ii. Teams must win by at least a 2 point advantage, or the first team to 27 points.
- m. Violations:
 - i. At no time may a player cross the net.
 - ii. A person's whole foot or appendage must cross the centerline in order for there to be a line violation.
- n. Three timeouts are allowed per match. A maximum of two timeouts are allowed per game.
- o. All matches have a one hour time limit from the start of the match.

4. Rosters/Schedules/Standings:

- a. All rosters are due before the first game. No players are allowed on the court prior to signing the roster.
- b. Changes to the team roster must be made by the 5th week of play. Rosters will be collected by the Site Supervisor.
- c. Site Supervisor will have blank rosters for roster changes.
- d. Rosters may be checked. An illegal player will result in forfeiture of game.
- e. An individual may not play for more than one team in the same league.
- f. Standings will be updated weekly to the website, www.brentwoodmo.org/volleyball.
- g. Standings are on total game wins and losses, not on matches won or lost.

5. Tiebreakers:

- a. Tiebreakers will be handled in this order:
 - i. Head to head competition between the teams tied.
 - ii. Margin of victory with all tied teams.
 - iii. Fewest points allowed for team.
 - iv. Coin toss will determine the winner.