

Program List and Prerequisites

Program	Prerequisite	
Snowplow Sam 1	N/A	<i>Ages 3-5</i>
Snowplow Sam 2	<i>Snowplow Sam 1</i>	
Snowplow Sam 3	<i>Snowplow Sam 2</i>	
Snowplow Sam 4	<i>Snowplow Sam 3</i>	
Basic 1	N/A	<i>Ages 6-17*</i> <i>Ages 15-17 can register in these programs, but we recommend the Adult programs for those ages</i>
Basic 2	<i>Basic 1</i>	
Basic 3	<i>Basic 2</i>	
Basic 4	<i>Basic 3</i>	
Basic 5	<i>Basic 4</i>	
Basic 6	<i>Basic 5</i>	
Pre-Free Skate	<i>Basic 6</i>	<i>Ages 6-17</i>
Free Skate 1	<i>Pre-Free</i>	
Free Skate 2	<i>Free Skate 1</i>	
Free Skate 3	<i>Free Skate 2</i>	
Free Skate 4	<i>Free Skate 3</i>	
Free Skate 5	<i>Free Skate</i>	
Free Skate 6	<i>Free Skate 5</i>	
Off-ice Training	<i>Basic 4</i>	<i>Ages 6-17</i>
Ballet	<i>Basic 4</i>	
Moves in the Field/Edgework	<i>Basic 4</i>	
Jumps and Spins	<i>Basic 4</i>	
Power Skating	<i>Basic 5</i>	
Hockey Skills-Beginner	<i>Basic 2</i>	<i>Ages 6-12</i> <i>Hockey classes require full equipment including hockey stick. No pucks needed for class.</i>
Hockey Skills- Advanced	<i>Hockey Skills-Beginner</i>	
Hockey Skills and Drills	<i>Enrolled in Hockey Beginner/Advanced</i>	
Adult 1-3	<i>Preceding course</i>	<i>Ages 16+</i>
Adult 4-6	<i>Preceding course</i>	
Adult Technique	<i>Adult 6</i>	
Adult Learn to Play Hockey	<i>Some hockey experience required</i>	<i>Ages 18+</i>